



Muslim Hands

Ramadan



Journal

Name :

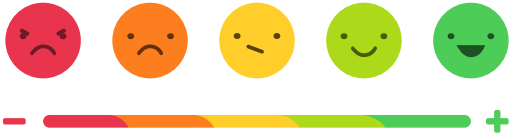


Ramadan Day -

Date:

M T W T F S S

My Mood Today:



Today I prayed



Dua of the Day

Blank scroll area for writing the daily dua.

Fajr

Dzuhur

Asr

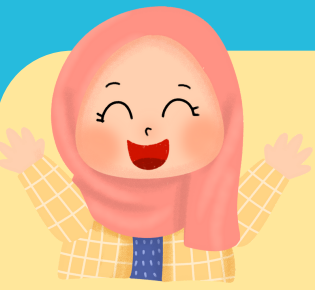
Maghrib

Isha



What I'm Grateful For Today?





What I'm Grateful For Today

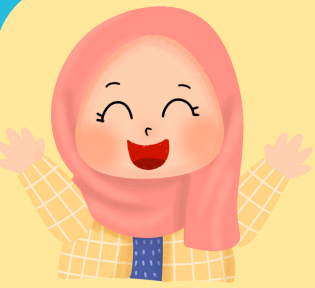
Suggested Examples:



- I'm super grateful for my family
- I'm happy spending time with my Grandparent
- I'm thankful for my friends who make me laugh.
- I'm thankful for my healthy body that lets me run, jump, and play all day long.

- I'm happy I get to go to school and my teacher helps me learn to read
- I'm thankful for the yummy lunch my mom makes me when I come home from school.
- I'm happy to sleep in a cozy room
- I'm grateful to see the sun every morning and feel the grass on my feet

- I'm glad we have pretty flowers, trees, and animals that make our world so beautiful.



Practice Good Deeds



Sadaqah is

Giving others a helping hand, for example food or money to someone in need.

Prophet Muhammad (PBUH) was always kind and generous to the less fortunate.



Donate

Let's
Sadaqah

Sadaqah Jariyah is

*A special kind of giving that keeps helping others, even after we are gone.
Like: building a well for clean water.*

Your good deeds keep multiplying on earth, even after we are gone.